



LALKAAR'23

ANNUAL SPORTS MEET

17-18
MARCH, 2023

NITH
GROUND



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राष्ट्रीय प्रौद्योगिकी संस्थान हमीरपुर

हमीरपुर (हि.प्र.) – 177 005 (भारत)

[भारत सरकार शिक्षा मंत्रालय के तहत एक राष्ट्रीय महत्व का संस्थान]

NATIONAL INSTITUTE OF TECHNOLOGY HAMIRPUR

HAMIRPUR (H.P.) - 177 005 (INDIA)

[An Institute of National Importance under Ministry of Education (Shiksha Mantralaya)]

{GAMES & SPORTS SECTION}

33rd Annual Athletic Meet 17th – 18th March 2023

Friday 17-03-2023

9:00 AM	Assembly of the Athletes
10:00 AM	Arrival of the Chief Guest
10:10 AM	Flag hosting ceremony by the Chief Guest
10:15 AM	March past by all the Athletes
10:25AM	Address by the Chief Guest(Director NIT-H)
	Declaring the Athletic Meet open by the Chief Guest

"I DECLARE THE 33RD ANNUAL ATHLETIC MEET OPEN"

Oath taking ceremony by the Student Sports Secretary "We swear that we will take part in the 33rd Annual Athletic contest in loyal competition respecting the regulations, which govern them, and with the desire to participate in the true spirit of sportsmanship for the honour of our Institute and glory of sports".

LALKAAR EVENT SCHEDULE 2023

DAY-1				
FRIDAY 17.03.2023				
Sr. No	Time	Event	Category	Stage
1	10.30 AM	100 Mtrs	Boys	Heat
2	11.00 AM	100 Mtrs	Girls	Heat
3	11.20 AM	Shot Put	Boys	Final
4	11.50 AM	Shot Put	Girls	Final
5	12.10 Noon	400 Mtrs	Boys	Heat
6	12.30 PM	400 Mtrs	Girls	Heat
LUNCH BREAK 1.00 PM TO 2.30 PM				
7	2.30 PM	Long Jump	Boys	Final
8	3.00 PM	Long Jump	Girls	Final
9	3.20 PM	200 Mtrs	Boys	Heat
10	3.40 PM	200 Mtrs	Girls	Heat
11	3.50 PM	Discus Throw	Boys	Final
12	4.10 PM	Discus Throw	Girls	Final
13	4.25 PM	Triple Jump	Boys	Final
14	4.45 PM	Javelin Throw	Boys	Final
15	5.15 PM	Javelin Throw	Girls	Final
16	5.30 PM	200 Mtrs	Boys	Final
17	5.40 PM	200 Mtrs	Girls	Final
18	5.50 PM	1500 Mtrs	Boys	Final

Day-2
SATURDAY 18.03.2023

19	7.00 AM	5000 Mtrs	Boys	Final
20	9.00 AM	100 Mtrs	Boys	Final
21	9.10 AM	100 Mtrs	Girls	Final
22	9.30 AM	800 Mtrs	Boys	Final
23	9.45 AM	800 Mtrs	Girls	Final
24	9.50AM	High Jump	Boys	Final
25	10.20AM	High Jump	Girls	Final
26	10.40 AM	400 Mtrs	Boys	Final
27	10.50 AM	400 Mtrs	Girls	Final
28	11.30 AM	4x400 Mtrs Relay	Boys	Final
Closing Ceremony				
	3.30 PM	Arrival of Chief Guest		
	3.40 PM	4x100 Mtrs Relay (Boys)		
	3.50 PM	4x100 Mtrs Relay (Girls)		
	4.00 PM	Tug Of War (Faculty VS Students 4 th year)		
	4.15 PM	Welcome address		
	4.30 PM	Annual Report		
	4.40 PM	Address by the Chief Guest		
	4.50 PM	Prize Distribution		
	5.50 PM	Vote of thanks by students sports Secretary		
	6.00 PM	Meet closed declaration by the Chief Guest		
		"I DECLARE THE 33RD ANNUAL ATHLETIC MEET CLOSED"		
	6.05 PM	NATIONAL ANTHEM		

OFFICIALS

Referee:- R.K. Jamalta, (Assoc. Prof. Phy. Edu.)

1. Judges at finish line

1. Rahul Kumar
2. Nikhil Jamwal
3. Ritesh Negi
4. Abhishek Sharma
5. Ankush Verma

2. Judges For Track

1. Anubhav Choudhary
2. Rajat Thakur
3. Anshal Sharma
4. Aman Kanwar
5. Raghundan

3. Judges For Jump

1. Bipul Sharma
2. Subhash Sihag
3. Naveen
4. Somesh Kumar
5. Amit Raj

4. Judges For Throw

1. Virender Kumar
2. Sudhanshu Chhaperwal
3. Unique Chander Azad
4. Sachin Choudhary
5. Aditya Kapoor

5. Time Keeper

1. Ankit Kumar Yadav
2. Abhishek Yadav
3. Uvesh
4. Eitish
5. Bharat

6. Starter

1. Pankaj Prajapat
2. Gopal Bithu
3. Rahul Bhari
4. Nishant Gurjar
5. Nishant Prashar


7. Record Keeper

1. Atul Chandel
2. Sahil Sharma
3. Ekta Bhardwaj
4. Deeksha
5. Devanjali Sharma

8. Registration

1. Riya Dhiman
2. Vibhuti Sharma
3. Anya Sharma
4. Aditi
5. Vibhuti Koundal


Dean (Student Welfare)
NIT Hamirpur


R.K. Jamalta
Associate Prof. (Phy. Edu.)
NIT Hamirpur

