



राष्ट्रीय प्रौद्योगिकी संस्थान हमीरपुर
हमीरपुर (हि.प्र.)-177005
NATIONAL INSTITUTE OF TECHNOLOGY HAMIRPUR
HAMIRPUR (H.P.)-177005
Office of Dean (Student Welfare)
(An Institute of National Importance under Ministry of Education)

NOTICE

It's my pleasure to inform that a **One-Day Workshop on "Emotional and Mental Well-being"** is being organized by the NIT Hamirpur in association with **Brahma Kumaris, Hamirpur**, with the objective of promoting emotional balance & mental well-being, in order to boost the performance and positive outlook among students.

You have the opportunity to listen and interact with the following **International Motivational Speakers**:

1. **BK Bharat Bhushan**
2. **BK Jyoti Bhushan**

The following students will attend the workshop:

Sr. No.	Year	Particulars
1	1 st Year	Sections A, B, C, D and E.
2	2 nd Year	All branches except (ECE) and (CSE) .
3	1 st & 2 nd Year	Management Studies

All students are advised to reach the venue by 09:45 AM positively and attend the workshop as active participation in this important programme on emotional and mental well-being is desired.

P. Sharma
25/09/26
Dean (Student Welfare)
NIT Hamirpur

No. NIT/HMR/DSW-06/2026/1666-78

Dated: 25/09/26

Copy to:

- Director, for kind information please.
- Registrar for kind information please.
- Dr. Sunil Sharma, Associate Dean (SD&C) for information and necessary action.
- Dr. Pardeep Singh, Associate Dean (SA&S) for information and necessary action.
- All concerned HoDs/HoCs for information and necessary action.
- Chief Warden (Hostels)/Wardens for information and necessary action.
- FI-CC to upload the same on institute's website.
- FI- Security for information and necessary action.
- Estate Officer for information and necessary action.